

The Wantage Times

September 20 , 2019

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<https://www.facebook.com/swregional/>

Principal's Message



Please see below some information from the NJ Department of Health that you may find meaningful regarding E-Cigarettes/Vaping.

The NJ Department of Health has indicated that, "Until the CDC/FDA determines the cause of 380 confirmed and probable cases of lung illness associated with the use of e-cigarettes in 36 states and the U.S. Virgin Islands, the CDC is recommending that people **not use e-cigarettes.**"

"E-cigarettes are electronic devices that produce an aerosol by heating a liquid that usually contains nicotine (the addictive drug in regular cigarettes, cigars, and other tobacco products), flavorings, and other chemicals to help make the aerosol. Users inhale this aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales into the air. E-cigarettes come in many shapes and sizes.

They are sometimes called "e-cigs," "e-hookahs," "mods," "vape pens," "vapes," "tank systems," and "electronic nicotine delivery systems." Using an e-cigarette is sometimes called "vaping" or "JUULing."

Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items.

Many e-cigarettes and vaping materials contain harmful or potentially harmful substances, and it is difficult to know what each individual product contains.

E-cigarettes can potentially also be used to deliver other drugs.

Judith Persichilli, Acting Commissioner, NJ Dept. of Health and chair of the Governor's Electronic Smoking Device Task Force further stated, 'I am very concerned about the health dangers posed by vaping and the increasing incidence of severe respiratory illnesses that have hospitalized our youth.

Equally alarming is that flavored vaping oils are marketed with names like cotton candy, strawberry cheesecake and raspberry that are attractive to children despite the fact that such sales are illegal in this state.'

At this time, the New Jersey Department of Health is investigating multiple reports from healthcare facilities of severe lung illness in people who report vaping. Cases in New Jersey have been primarily reported among persons between the ages of 16 to 45 with no significant past medical history. The Department has sent a [statewide health alert](#) to health care providers and local health departments following recent reports of severe lung disease in people who have used vaping products.

No single product has been implicated. Patients have reported high variability in substances/products they used in vaping, including both tobacco and tetrahydrocannabinol (THC) containing products as well as other products.

<https://www.nj.gov/health/fhs/tobacco/vaping/>

Dates to Remember

9/13/19- PTO Yankee Candle Fundraiser begins

9/25/19- Picture Day
BOE meeting at SMS @ 7 pm

9/28/18- PTO Yankee Candle Fundraiser ends

10/01/19- SWPTO Meeting at SMS @ 7 pm

10/7-10/11- Week of Respect

10/14- School Closed (Columbus Day)
Professional Development for Faculty & Staff

10/17- Family Math Night
6:30 PM at WES

10/21- SEPAG Meeting
7:00 PM at CEL

10/21-10/25- School Violence Awareness Week

10/28-11/1- Red Ribbon Week



TIPS from the TEAM

Parents we need your help to make our schools healthier!

Children spend most of their day at school. So, it's important that they have healthy foods and drinks while they are here. Good nutrition also helps kids learn better in school.

A strong education program, along with a solid nutrition program, boosts the entire school-learning environment. Children in good physical condition bring more focus, stamina and creativity to the classroom. Good nutrition improves students test performance, reduces tardiness, absenteeism, Increases attention and improves behavior and emotional adjustments.

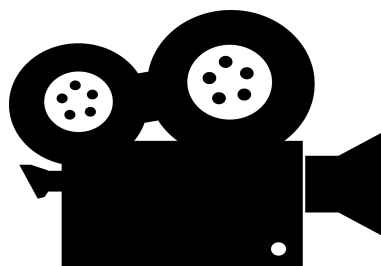
Providing a healthy school nutrition environment is one way to ensure children are encouraged to make healthy choices. A healthy lifestyle is the foundation to a successful future.

The messages children receive about nutrition should be clear, consistent and constant. Only then will they begin to internalize the information and make changes in their eating and activity. All who influence children's food choices, share this task of presenting these messages: parents educators, administrators, health care providers, the food industry, the media and politicians.

Children do not become proficient at playing the flute, solving math problems or scoring lacrosse goals without a great deal of practice; the same is true of good nutrition habits. Not only must we equip our children with the knowledge and skills, but also give them ample opportunity to practice those skills in the school setting. By establishing healthy habits early in life, students can dramatically reduce their risks for diseases and increase their chances for longer, more productive lives.

On Back to School Night teachers provided you with a list of nutritional snacks. Please review the list with your children to help them make healthy choices and together we can build a healthier community.

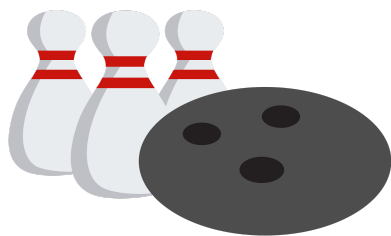
Mrs. Fisher-WES School Nurse
Health & Wellness Coordinator



***Picture Day
September 25,
2019***



Bowling Club 9/24/2019



Bowling Forms should be
returned to Mr. Terwilliger



We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an easy-to-use online portal:

www.payschoolscentral.com

You will need to register at the link above. Additional information can be found on our school website under the food service tab within the department section or in the parent portal.

If you need help along the way, please contact PaySchools

pcs_help@payschool.com or
1-877-393-6628

Family Math Night



Thursday, Oct. 17th

6:30-7:30 PM

Wantage School Auditorium

RSVP by October 1st

Wantage Day Fall Festival



September 28th

12-4 PM

Woodbourne Park

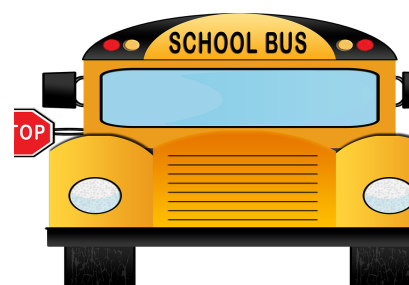
Drop Off & Pick Up

Please be advised that drop off is in the rear of the building and occurs between 8:15 a.m. and 8:45 a.m. Please exercise caution when dropping off your children. We respectfully request that children exit the vehicle on the passenger side closest to the building for safety.

For pick up, parents and guardians should park on the playground and walk to the doors nearest the fence. Pick up begins at 3:24 pm. Please have identification available when you pick up your child.

The parking area for pick up will be closed until 3:10 pm. We respectfully request that you do not arrive before then. We appreciate everyone's support with our procedures to ensure the safety of all of our students.

Note: Please wait for the school bus to come to a complete stop with the red lights flashing prior to letting your children approach the bus.



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